

#### Our 17th

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### 13th September

# 2025

## Walk for Healing, Walk for Hope Help Us Build a Basic Health Clinic for the Nsobe Community in Rural Zambia

As Nsobe School continues to grow, so too does the need for accessible, basic healthcare. Currently, the nearest medical care is far away, a very long walk, and often inaccessible in emergencies. Too many children miss school due to treatable illnesses. Too many families face preventable suffering because basic health services are out of reach.



With your help, we aim to raise fundsfor a fully functional rural health post equipped with basic medical supplies, trained health personnel, and a strong referral link to nearby hospitals. We are applying to the Welsh Government for funding to build a **rural health clinic**, but their generous contribution willonly cover part of the cost. A simple onsite clinic will:

- Provide immediate treatment for malaria, infections, and minor injuries
- Support mothers with pre and post natal care
- Provide Under-5 Clinics for immunisations, growth monitoring, and early treatment for childhood illnesses, giving every child a healthier start in life during their most vulnerable years, and guiding mothers in childhood care
- Be staffed and supplied by the Zambian Ministry of Health—but only if we build it

Your support can quite literally save lives. Please see overleaf to find out how you can create your own TotalGiving page, promote it on Facebook, or share it with friends and colleagues.

## Key details

- 10.5 miles with a 5 mile option.
- Circular walks from Hillend car park, SA3 1JD
- Meet at 10am in the café.
- Allow 2 hrs from junc 32 M4
- BBQ at Maggies (8 Everest Walk CF14 5AX)
   Friday 12/7 6pm
- Option post-walk meal at Beaufort Arms Kittle, SA3 3JG tel. 01792 234447
- Team Tshirts to buy or borrow.





Teacher Aid is a charitable trust and registered in England and Wales (Charity number 1103660). Registered address: 8 Everest Walk, Cardiff, CF14 SAX

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DONATE NOW



Teacher Aid is a small charity with no government or significant corporate funding. To ensure the sustainability of Nsobe Community School, we rely on essential monthly donations. Despite concerns about corruption in Africa, we assure you that Nsobe School operates with complete transparency. We regularly visit the school to see the impact of our work firsthand. Join our popular pen-pal support scheme, connecting children and youth globally. Additionally, our student loan bursary scheme helps school leavers secure university, college, and vocational placements.

- . £20/25 a month pays for a child's education.
- £80 a month covers university tuition fees.

These global partnerships offer immense educational benefits for both supporters and students. Your support can make a real difference.

#### How to Create Your Fundraising Page for Teacher Aid

#### 1. Create an Account:

Visit: TotalGiving Fundraise for Teacher Aid: https://www.totalgiving.co.uk/fundraise/teacher-aid.

Enter your email address and continue. If there are errors, they'll be highlighted in red.

Choose to create your own login details or use your Facebook account.

#### 2. Create Your Banner:

You can design your own banner (minimum size: 1320 x 350 pixels) and adjust it on your page. Alternatively, download ready-made banners from the Teacher Aid website:

#### https://teacheraid.org.uk/news/index.html

3. Write Your Fundraising Message:

Example: "I am fundraising for the second safehouse at Nsobe School to accommodate an additional 20 vulnerable girls and to help buy food due to drought and crop failure in Zambia."

Include a thank-you message for your donors, such as: "On behalf of myself, Teacher Aid, and Nsobe

#### 4. Share Your Page:

Your fundraising page link will be: www.totalgiving.co.uk/mypage/"yourname". Share this link with family, friends, and on Facebook.

#### 5. Need Help?

Call Mike at +44 7970 870895 or email: mikep@teacheraid.org.uk

Schools, thank you very much for your support and generosity."

#### **FUNDRAISE NOW**





